



Parents' Outline for the Study:

- Session 1 Discovering the Princess Within
Getting started – distribution of notebooks, overview, etc.
Personality Profile will be given in class – strengths and weaknesses reviewed.
- Session 2 My Legacy Empowers My Destiny
Family history and her heritage; Affirmation Letters.
Girls will come home with a Family Tree and other family questions to complete.
- Session 3 The Wealth Found in Obedience
Girls are encouraged to spend about 45 minutes to an hour with “just Mom” as a “Mom and Daughter’s night out.” They will be reporting to class the following session.
- Session 4 The Portrait of a Prince
Identifying a Man of Integrity. Girls will be encouraged to spend 30 to 45 minutes with their Dad or another respected man in their life this week and report to class the following week about that time.
- Session 5 The Value of True Friends
Discussion on the importance of Christian friends.
Girls will evaluate friendships and are encouraged to write each valued friend a note
- Session 6 Enhancing the Beauty of a Princess
A beauty consultant/and or etiquette instructor will present how to put on make up for the natural look, then take a look at etiquette.
- Session 7 Beginning to Act Like a Princess
Character and Core Beliefs vs. Acting on Emotions/Feelings
Living out your core beliefs thru compassion and commitment instead of acting on the emotions of the moment.